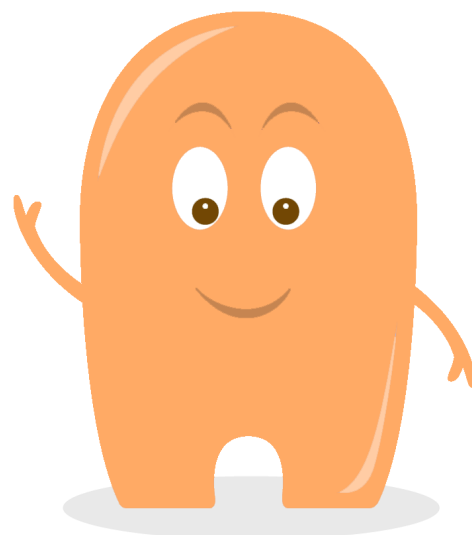


Child & Adolescent Learning Disabilities & Mental Health Team (CAMHS LDMH)

Consultation
Information Leaflet



What is a Consultation appointment?

Consultation is a space for professionals and parents/carers to discuss their concerns about a young person with a learning disability. The aim of Consultation is to develop a shared understanding of the issues and identify strategies as appropriate.

A young person can **only** be discussed with the written consent of the parent(s)/carer(s) or of the young person themselves. Please return the consent form to the CAMHS LDMH team or referrer before the consultation.

- **Please note consultation is not appropriate for discussion of safeguarding concerns.** These should be addressed through the usual safeguarding pathway.

Who will be there?

The Consultation will be attended by staff from the CAMHS LDMH Team. Parents/carers are welcome to attend with a professional they are currently working with. The parents/carers and referrer may also invite other people who are currently working with the young person as appropriate.

It is the referrer's responsibility to inform the CAMHS LDMH team of who to invite. The referrer should also book interpreters if needed.

When are Consultation appointments?

Consultation takes place twice a month and there are 3 to 4 slots available on each date. Once a referral has been accepted, you will be notified of the date and time of your appointment. Each young person is allocated 1 hour for the discussion of their case.

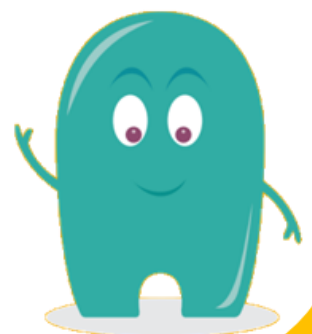


What will happen?

- As we have several appointments each morning it is important that we start and finish on time. **Please be aware that if you arrive late you will have a shorter appointment.**
- You will be introduced to everyone present and given the opportunity to describe your experience of the concerns being discussed, as well as any relevant background information.
- The professionals in attendance may ask you further questions and will discuss possible strategies with you, as appropriate.
- At the end of the discussion, a plan will be agreed to address your concerns. You will receive a letter outlining the main points of the meeting and any planned actions identified.
- **Please note that discussing a young person at Consultation does not mean that they are accepted for further individual work with the LDMH team, unless agreed in the meeting.** You may, however, book in for further consultations.
- At the end of the meeting, you will be asked to complete a brief evaluation form. Your responses will help us to make Consultation as effective as possible.

Should parents bring children?

The Consultation appointment is not appropriate for children to attend. **Please do not bring the young person you are concerned about to the meeting.** Please also avoid bringing other children as the room does not cater for the needs of children and it is harder to talk openly when children are around.

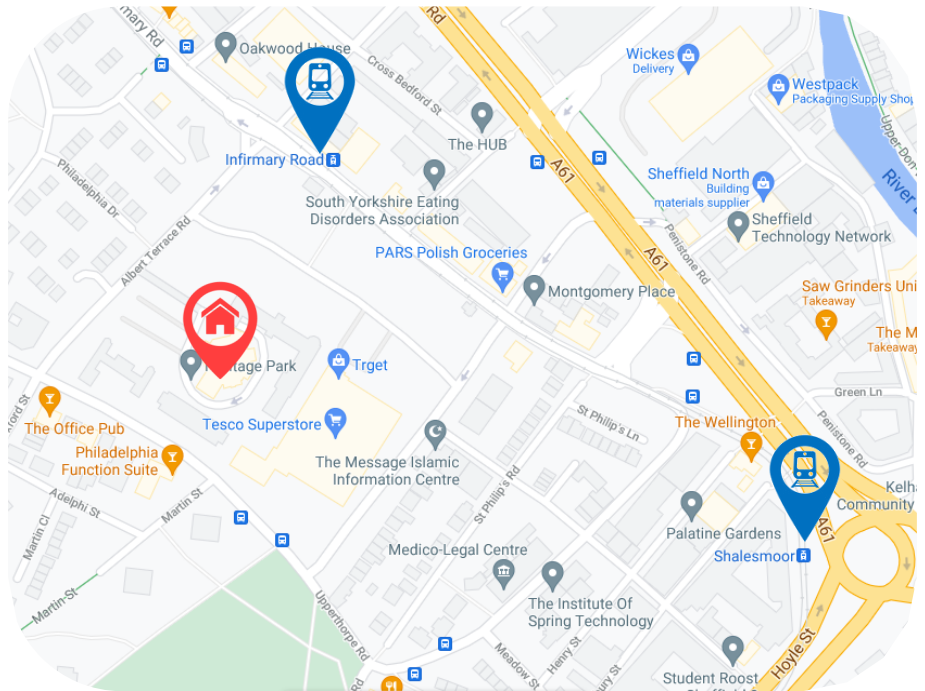


Where does Consultation take place?

You will receive an appointment letter outlining the type of Consultation appointment you have been booked on - 'Face to face' or 'Video'.

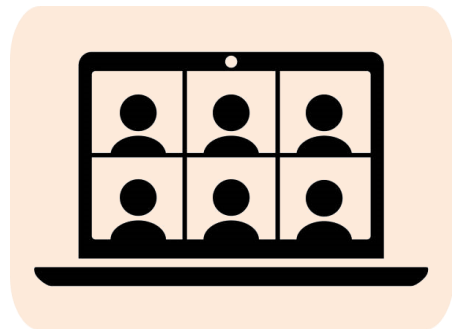
Face to face

Face to face Consultation appointments take place at Centenary House. When you arrive at Centenary, please report to the main reception and they will telephone a member of the LDMH Team to come and collect you.



Video

Video Consultation appointments take place via Zoom. Prior to your appointment you will be sent a meeting link, meeting ID and passcode - you will need these to access the appointment. At the time of your appointment, click the link and a member of the team will admit you into the virtual meeting room. It would be helpful if you could try to join the meeting 5 minutes prior to the start of your appointment, so any difficulties connecting can be identified quickly. If you have any concerns about accessing a video appointment, please contact us beforehand and we can talk you through the process.



LDMH
LEARNING DISABILITIES /
MENTAL HEALTH TEAM

Contact details



Centenary House
Heritage Park
55 Albert Terrace Road
Sheffield
S6 3BR



0114 226 2788